

Saint Spyridon Greek Orthodox Church

1391 Chafee Street

Upland, CA 91786

<http://www.saintspyridon.org/>

Rev. Fr. Iustinian Deac

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☩ Liturgical services for October 2023 ☩

☩ Sunday, October 1st Second Sunday of Luke

Orthros 9 am

Divine Liturgy 10 am

☩ Thursday, October 5th Paraklesis to St. Spyridon 7 pm.

☩ Sunday, October 8th . Third Sunday of Luke

Orthros 9 am

Divine Liturgy 10 am

☩ Thursday, October 12th Paraklesis to St. Spyridon 7 pm

☩ Saturday, October 14th St. Gervacio's & Ignatius (International day against blindness)

Orthros 9 am

Divine Liturgy 10 am

☩ Sunday, October 15th Sunday of the 7th Ecumenical Council.

Orthros 9 am

Divine Liturgy 10 am

☩ Thursday, October 19th Vigil of St Gerasimos of Cephalonia

Orthros 10 pm

Divine Liturgy 11 pm

☩ Sunday, October 22nd Sixth Sunday of Luke

Orthros 9 am

Divine Liturgy 10 am

☩ Thursday, October 26th . St Demetrios The Myrrh Streamer

Orthros 9 am

Divine Liturgy 10 am

Paraklesis to Saint Spyridon 7 pm

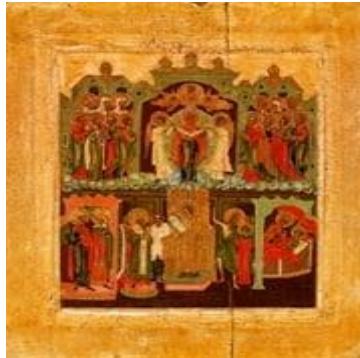
☩ Sunday, October 29th Seventh Sunday of Luke

Orthros 9 am

Divine Liturgy 10 am

☩ Αγία Σκέπη τῆς Θεοτόκου ☩

1 Οκτωβρίου



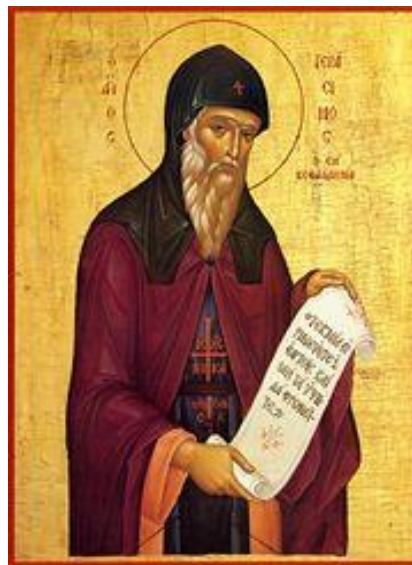
Ἀπολυτίκιον

Ἦχος α'

Τῆς Σκέπης σου Παρθένε ανυμνούμεν τὰς χάριτας, ἦν ὡς φωτοφόρον νεφέλην εφραπλοῖς ὑπὲρ ἔννοιαν, καὶ σκέπεις τὸν λαὸν σου νοερώς, ἐκ πάσης τῶν ἐχθρῶν ἐπιβουλῆς, σέ γάρ σκέπην καὶ προστάτιν καὶ βοηθόν, κεκτήμεθα βοωντὲς σοι. Δόξα τοῖς μεγαλείοις σου Ἀγνή, δόξα τῇ θεῖα σκέπῃ σου, δόξα τῇ πρός ἡμᾶς, προμηθεῖα Ἄχραντε.

St. Gerasimos of Cephalonia ☩ Αγ. Γεράσιμος ὁ ἐν Κεφαλληνία ☩

20 Οκτωβρίου



Ἀπολυτίκιον

Ἦχος α'

Τῶν Ὀρθοδόξων προστάτην καὶ ἐν σώματι ἄγγελον, καὶ θαυματουργόν θεοφόρον νεοφανέντα ἡμῖν, ἐπαινέσωμεν πιστοὶ θεῖον Γεράσιμον, ὅτι ἀξίως παρὰ Θεοῦ ἀπείληφεν, ἰαμάτων τὴν ἀέναον χάριν, ῥώννυσι τοὺς νοσοῦντας καὶ δαιμονώντας ἰάται. Διὸ καὶ τοῖς τιμῶσιν αὐτόν, βρῦει ἰάματα.

☩ Saint Gerasimus was from the Peloponnesus, the son of Demetrius and Kale, of the family of Notaras. He was reared in piety by them and studied the Sacred writings. He left his country and went throughout various lands, and finally came to Cephalonia, where he restored a certain old church and built a convent around it, where it stands to this day at the place called Omala. He finished the course of his life there in asceticism in the year 1570. His sacred relics, which remain incorrupt, are kept there for the sanctification of the faithful.

☩ Demetrios the Myrrh-streamer & Great Martyr of Thessaloniki

☩ Μεγαλομάρτυς Δημητρίος ο Μυροβλύτης ☩

26 Οκτωβρίου



Ἀπολυτίκιον Ἦχος γ'

Μέγαν εύρατο εν τοίς κινδύνοις, σέ υπέρμαχον η οικουμένη, Αθλοφόρε τά έθνη τροπούμενον. Ως ούν Λυαίου καθείλες τήν έπαρσιν, εν τώ σταδίω θαρρύνας τόν Νέστορα, ούτως Άγιε, Μεγαλομάρτυς Δημήτριε, Χριστόν τόν Θεόν ικέτευε, δωρήσασθαι ημίν τό μέγα έλεος.

☩ The world has found in you a great champion in time of peril, as you emerged the victor in routing the barbarians. For as you brought to naught the boasts of Lyaios, imparting courage to Nestor in the stadium, in like manner, holy one, great Martyr Dimitrios, invoke Christ God for us, that He may grant us His great mercy.



☩ NEWS ☩

☩ We celebrate every Thursday 7 PM ☩ Paraklesis (service) to Saint Spyridon

1. Parish office is open every Saturday morning from 8:30 am - 12:30 pm
2. Sacrament of Confessions and various blessings will take place after every service .
3. For requests of a spiritual nature: Blessing, Baptism, Marriage, Burial, Spiritual advice, please contact Father Iustinian or board members of the San Spyridon Parish
4. Visit for the sick at home or urgent problems call Father Iustinian and send a text to his mobile: 213 788-8463 / piustiniandec@gmail.com

☩ Our good and merciful God pour out upon your homes and families, health, and blessings, to flourish life and faith and righteous and spiritual understanding, to show the right faith in the Risen Jesus Christ with our good deeds !

☩ Bless and embrace everyone through Jesus Christ ! Parish Priest Rev. Fr. Iustinian Deac