

Saint Spyridon Greek Orthodox Church

1391 Chafee Street Upland, CA 91786

<http://www.saintspyridon.org/>

Rev. Fr. Iustinian Deac (213) 788-8463

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✠ □ Liturgical services for February 2024 ✠ □

**✠ □ Thursday , February 1 ✠ □ Forefeast of the
Presentation**

Paraklesis to St. Spyridon 7 pm

✠ □ Friday, February 2 ✠ □ Presentation of Our Lord

Orthros 9 am

Divine Liturgy 10 am

✠ □ Sunday , February 4 ✠ □ Fifteenth Sunday of

Matthew ✠ □ Nicholaos the Confessor

Orthros 9 am

Divine Liturgy 10 am

✠ □ Thursday, February 8 ✠ □ Theodore the General

Paraklesis to St. Spyridon 7 pm

**✠ □ Saturday, 10 February ✠ □ Haralambos the Holy
Martyr**

Orthros 9 am

Divine Liturgy 10 am

✠ □ Sunday , February 11 ✠ □ Sixteenth Sunday of

Matthew ✠ □ Vlassios Martyr of Sebaste

Orthros 9 am
Divine Liturgy 10 am

‡☐ **Thursday, February 15 ‡☐ Onessimos of the 70**

Paraklesis to St. Spyridon 7 pm

‡☐ **Sunday, February 18 ‡☐ Sunday of the Canaanite**

‡☐ **Leo Pope of Rome**

Orthros 9 am
Divine Liturgy 10 am

‡☐ **Thursday, February 22 ‡☐ Thalassius and Baradatus**

Paraklesis to St. Spyridon 7 pm

‡☐ **Sunday, February 25 ‡☐ Sunday of The Publican &**

**The Pharisee - Triodion Begins ‡☐ Tarasius Patriarch
of Constantinople**

Orthros 9 am
Divine Liturgy 10 am

‡☐ **Thursday, ‡☐ February 29 ‡☐ John Cassian the
Confessor**

Paraklesis to St. Spyridon 7 pm

‡☐ **Ἡ Ὑπαπαντὴ τοῦ Κυρίου**

2 Φεβρουαρίου



Ἀπολυτίκιον

Χαῖρε κεχαριτωμένη Θεοτόκε Παρθένε·
ἐκ σοῦ γὰρ ἀνέτειλεν ὁ Ἥλιος τῆς
δικαιοσύνης, Χριστὸς ὁ Θεὸς ἡμῶν,
φωτίζων τοὺς ἐν σκότει. Εὐφραίνου καὶ
σὺ Πρεσβύτα δίκαιε, δεξάμενος ἐν
ἀγκάλαις τὸν ἐλευθερωτὴν τῶν ψυχῶν
ἡμῶν, χαριζόμενον ἡμῖν καὶ τὴν
Ἀνάστασιν.

Apolytikion

Hail Virgin Theotokos full of Grace, for
Christ our God, the Sun of Righteousness,
has dawned from you, granting light to

those in darkness. And you, O Righteous Elder, rejoice, taking in your arms, the Deliverance of our souls, who grants us Resurrection.

‡ ☐ Sunday of the Publican and Pharisee: Triodion Begins Today (ΙΣΤ' Λουκᾶ (Τελώνου καί Φαρισαίου- 25 February)



Κοντάκιον

Φαρισαίου φύγωμεν ὑψηγορίαν, καὶ
Τελώνου μάθωμεν, τὸ ταπεινὸν ἐν
στεναγμοῖς, πρὸς τὸν Σωτῆρα
κραυγάζοντες· Ἰλαθι μόνε ἡμῖν
εὐδιάλλακτε.

Kontakion

Let us flee from the boasting of the Pharisee
and learn through our own sighs of sorrow
the humility of the Publican. Let us cry out
to the Savior, "Have mercy on us, for
through You alone are we reconciled."

‡ □ PARISH NEWS ‡ □

□ We celebrate every Thursday 7 PM ‡ Paraklesis

(service) to Saint Spyridon ‡ □

1. Parish office is open every Saturday morning from 8:30
am - 12:30 pm

2. Sacrament of Confessions and various blessings will take
place after every service.

3. For requests of a spiritual nature: Blessing, Baptism, Marriage, Burial, Spiritual advice, please contact Father Iustinian or board members of the San Spyridon Parish

4. Visit for the sick at home or urgent problems call Father Iustinian and send a text to his mobile: 213 788-8463 / piustiniandeac@gmail.com

☐ Our good and merciful God pour out upon your homes and families, health, and blessings, to flourish life and faith and righteous and spiritual understanding, to show the right faith in the Risen Jesus Christ with our good deeds!

‡☐ **New Year 2024 be blessed by the Holy Trinity!**

Parish Priest Rev. Fr. Iustinian Deac

