

**Saint Spyridon Greek Orthodox Church**

**1391 Chafee Street Upland, CA 91786**

**<http://www.saintspyridon.org/>**

**Rev. Fr. Iustinian Deac (213) 788-8463**

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**✠ Liturgical services for May -June2026 ✠**

**✠ Sunday of the Paralytic, May 3 ✠ Peter the Wonderworker**

9 am Orthros / 10 am Divine Liturgy

**✠ Tuesday, May 5 ✠ Irene of Thessaloniki / MM Ephraim of Nea Makri**

9 am Orthros / 10 am Divine Liturgy

**✠ Thursday, May 7 ✠ Sigh of the Cross over Jerusalem in 351 Cyril of Jerusalem**

7 pm ✠ Paraklesis to Saint Spyridon

**✠ Sunday of The Samaritan Woman, May 10 ✠ Simon the Zealot Apostle**

9 am Orthros / 10 am Divine Liturgy

**✠ Tuesday, May 12 ✠ Epiphanius Bishop of Cyprus**

7.30 pm **Bible Study**

**✠ Thursday, May 14 ✠ Isidore the Martyr of Chios**

7 pm Paraklesis to Saint Spyridon

**✠ Sunday of the Blind Man, May 17 ✠ Andronicus & Junia the Martyr**

9 am Orthros / 10 am Divine Liturgy

**✠ Tuesday, May 19 ✠ Patrick Bishop of Proussa**

7.30 pm **Bible Study**

**✠ Wednesday, May 20 ✠ Apodosis of Pascha**

**7 pm Great Vespers**

**✠ Thursday, May 21 ✠ Holy Ascension (Constantine & Helen)**

9 am Orthros / 10 am Divine Liturgy

7 pm **Paraklesis to Saint Spyridon**

**✠ Sunday, May 24 ✠ Fathers of The 1st Council (Symeon the Stylite)**

9 am Orthros / 10 am Divine Liturgy

✙ Thursday, May 28 ✙ Nikitas Bishop of Chalcedon

7 pm **Paraklesis** to Saint Spyridon

✙ **Saturday, May 30** ✙ **Saturday of Souls**

9 am Orthros / 10 am Divine Liturgy / **11:20 am Memorial**

✙ **Sunday, May 31** ✙ **Holy Pentecost**

9 am Orthros / 10 am Divine Liturgy / **11:20 Great Vespers**

**7 pm** ✙ **Vigil of Monday of the Holy Spirit - Orthros / Divine Liturgy**

✙ **Liturgical services for June 2026** ✙

✙ Thursday, June 4 ✙ Metrophanes Patr of Constan.

7 pm **Paraklesis** to Saint Spyridon

✙ **Friday, June 5** ✙ **WHERE ARE YOU ADAM? Film by Alexander Zaporoshchenko & Alexander Plyska**

**7 pm (Film Screening and meeting with the producer)**

✙ **1st Sunday of Matthew, June 7** ✙ **The Sunday of All Saints**

9 am Orthros / 10 am Divine Liturgy

✙ Thursday, June 11 ✙ Bartholomew and Barnabas

7 pm **Paraklesis** to Saint Spyridon

✙ **2nd Sunday of Matthew, June 14** ✙ **Elisha the Prophet**

9 am Orthros / 10 am Divine Liturgy

✙ Thursday, June 18 ✙ Leontius & Hypatius

7 pm **Paraklesis** to Saint Spyridon

✙ **3rd Sunday of Matthew, June 21** ✙ **Julian the Martyr**

9 am Orthros / 10 am Divine Liturgy

✙ **Wednesday, June 24** ✙ **Nativity of Saint John the Baptist**

9 am Orthros / 10 am Divine Liturgy

**7 pm Vigil Prokopius the New Martyr (Orthros / Divine Liturgy)**

✙ Thursday, June 25 ✙ Prokopius the New Martyr

7 pm Paraklesis to Saint Spyridon

✙ **4th Sunday of Matthew, June 28** ✙ **Pappias the Martyr**

9 am Orthros / 10 am Divine Liturgy

✙ Monday, June 29 ✙ **Peter and Paul the Holy Apostles**

9 am Orthros / 10 am Divine Liturgy

**7 pm Vigil Synaxis of The Holy Apostles (Orthros / Divine Liturgy)**

### **The Symbolism of Candles in the Liturgical Life of the Church**

Throughout the tradition of the Orthodox Church the lighting of candles is a simple yet profound confession of a person's faith before God. A candle is not merely wax and flame, but a living prayer, hope, and an offering brought with humility.

For the living, candles are usually lit in the place designated for health, healing, and God's help, as a sign of the desire that Christ — "the Light of the world" — may enlighten the life, mind, body, and path of those remembered in prayer. For the departed, candles are lit with prayers for the forgiveness of sins and the repose of their souls in the Kingdom of God, showing that love does not end with death.

Candles lit before the icons of the Holy Trinity, the Mother of God, or the Saint's express thanksgiving, gratitude, and supplication. Before the Holy Trinity, a person confesses faith in the Father, the Son, and the Holy Spirit — One God in Essence and Three Persons. Before the Mother of God, the faithful bring their sorrow, tears, and hope, asking for protection, comfort, healing, and her motherly intercessions.

The meaning of the candle is profound:

- \* The flame symbolizes the light of Christ;
- \* The wax reminds us of purity and human sacrifice;
- \* The burning candle reflects the desire of the soul to offer itself to God;
- \* Its light proclaims the faith that darkness cannot overcome divine truth.

When a person lights a candle with faith, he silently says:

"Lord, as this candle burns before You, so may my soul burn with love, repentance, healing, and hope."

A candle lit with sincere prayer can become more powerful than many words. It is the sign that a person does not come empty-handed before God, but brings a small offering from his labor, his heart, and his love. In the quietness of the church, the flame of a candle becomes the voice of the soul seeking peace, forgiveness, healing, and heavenly light.

At the same time, every monetary offering made for candles and for supporting Saint Spyridon Greek Orthodox Church of Upland CA is offered for the glory of God, for the support of the holy work of the Church, and for the blessing, health, healing, and prosperity of the family of the one who gives from either their abundance or their little. In the spirit of the Gospel, God looks not so much at the size of the gift, but at the love and faith with which it is offered. God does not remain indebted to those who help, become involved, and support His Church, but blesses them with peace, help, health, healing, and growth in life, according to His holy will and mercy.

An embrace and blessing to all those who love and support Saint Spyridon Greek Orthodox Church of Upland<sup>CA</sup>, to all who enter the Holy Church with faith, light a candle, offer a prayer, and keep alive their love for God and for His Church.

**Glory to God for all things! 🙏🏠**

**Rev. Fr. Iustinian Deac**



**UPLAND, CA**

**5**

**JUNE**

**FRIDAY, 7:00PM**

**SAINT SPYRIDON  
GREEK ORTHODOX  
CHURCH**

**1391 CHAFFEE STREET  
UPLAND, CA 91786**

**DONATIONS ARE WELCOME**

**FILM SCREENING  
AND MEETING  
WITH THE PRODUCER**

# WHERE ARE YOU ADAM?

FILM BY ALEXANDER ZAPOROSHCHENKO & ALEXANDER PLYSKA

LANGUAGES:  
ENGLISH, ROMANIAN, GREEK

2026



